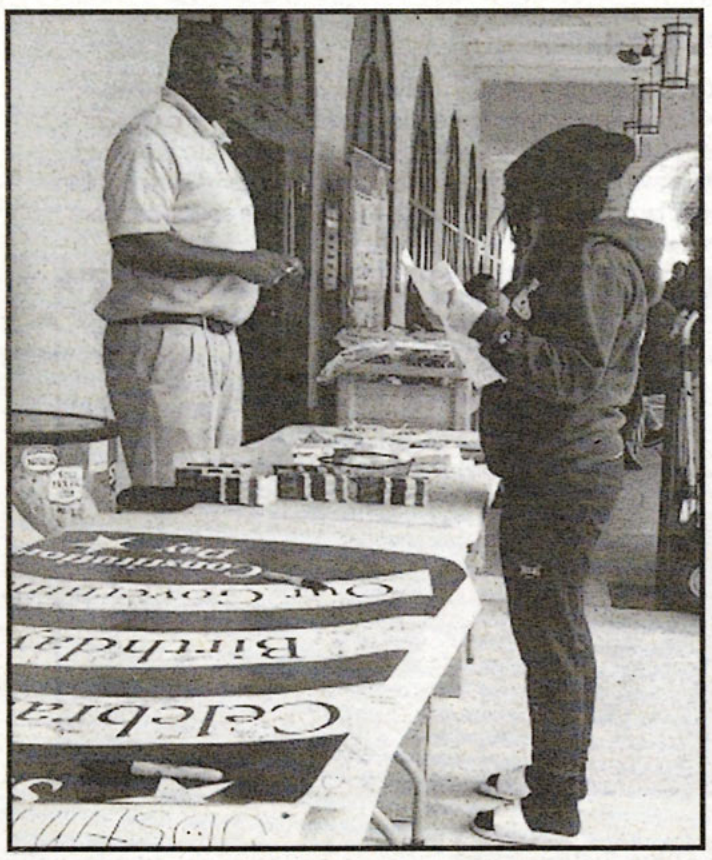
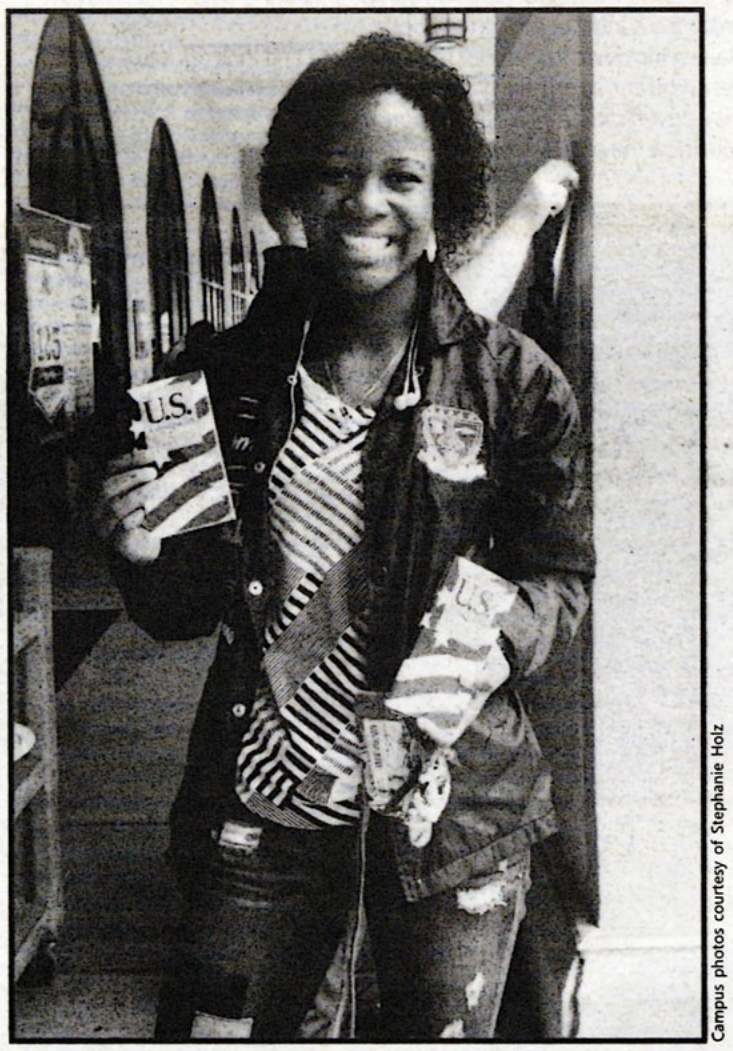
The Lions' Pride

SAINT LEO UNIVERSITY • FRIDAY, SEPTEMBER 26, 2014 • VOLUME LIII NO.5 • SINCE 1965



Photos courtesy of Wikicommons



Campus photos courtesy of Stephanie Holz

Sherese Ifill, along with many other students and faculty, partake in the Constitution Day activities and informational opportunities. Students are reminded of when the Constitution was first signed (top right of picture).

Consitution Week Celebration

By Stephanie Holz
Staff Writer

On Sept. 17, students and staff all over campus kicked off Constitution Week with pride and patriotism while they passed in front of the cafeteria.

Two ambassadors from the Pasco County Supervisor of Election's Office hosted an event, sponsored by Dr. Heather Parker and Mr. Francis Orlando, in which students and staff were encouraged to register to vote on the spot. People must register to vote by midnight of Oct. 6 or have sent in a registration form postmarked by then in order to vote in the election. Voting is only permitted in the state of residence and prior to voting, and any change of address must be reported. Voters can report a change of address at the polls on the day they vote thanks to a new digital system. Registration is a once in a lifetime activity. Once you have registered to vote, you don't have to register again unless you relocate to a different state.

"Our out of state students are encouraged to request an absentee ballot so that they can vote in their place of residence," said Amanda Wright, Academic Coordinator for Social Sciences.

"The only way your opinion matters is if you vote. This is the only way that you can be heard and make any kind of difference," said Dr. Heather Parker, Department Chair of Social Science.

In case you missed it, a table will be set up in front of the cafeteria for every Wednesday between the hours of 11:30 a.m. and 1:30 p.m. for students to sign up to vote for the next four weeks.

Another table was set up to test students' knowledge of the constitution, as well as reward their efforts with free ice cream and apple pie. A large banner was presented for students and staff to sign and free booklets about the constitution where distributed to spread patriotism on campus.

"A voteless people is a hopeless people, so please go out and speak your mind and spread your word. If you want a change, then make the change," said Edson O'Neale, Assistant Director of Student Activities.

Visit pascovotes.com for more information on voting locations, to request an absentee ballot, to change your registered party, or to change your listed address.

CHECK US OUT ONLINE!

Strange Fla. Laws

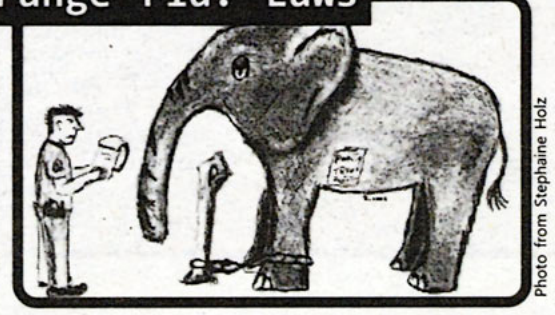


Photo from Stephaine Holz

Fla. Springs

Photo courtesy Wikimediacommons

Fad Diets

Photo courtesy Wikimediacommons

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Editorial

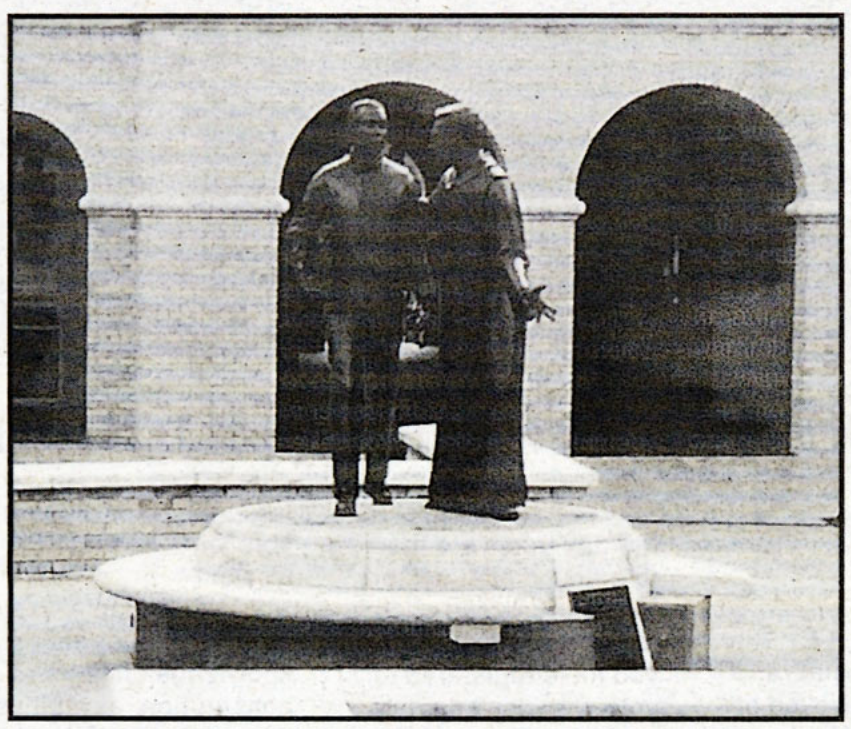
4 Breathtaking Places on Campus

By Sidonie Llewellyn
Staff Writer

For some students it's not easy to transition from summer life to college life. The process can take from just a few days to weeks. In any event, I took the liberty of putting together a few spots around campus that could possibly take your mind off the back to school frenzy.

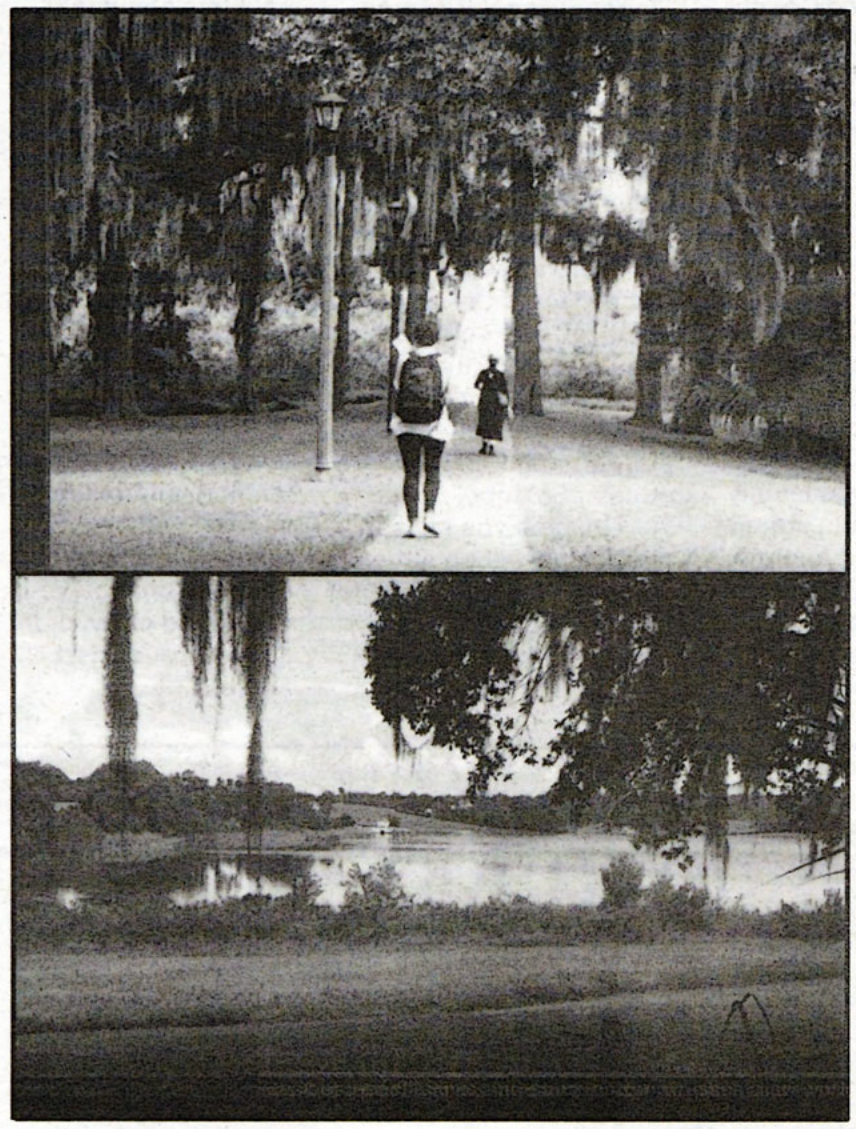
4. A Spirit of Belonging

Grab a seat on the patio with a few friends in the courtyard between Apartments 5 and 6. The statue here is not only a glorious sight, it also has a notable background. The statue is over 7 feet tall and commemorates the magnificent moment when a monk welcomed a black student, Rudolph Antorcha, onto campus during a time when segregation was still legal in the state of Florida.



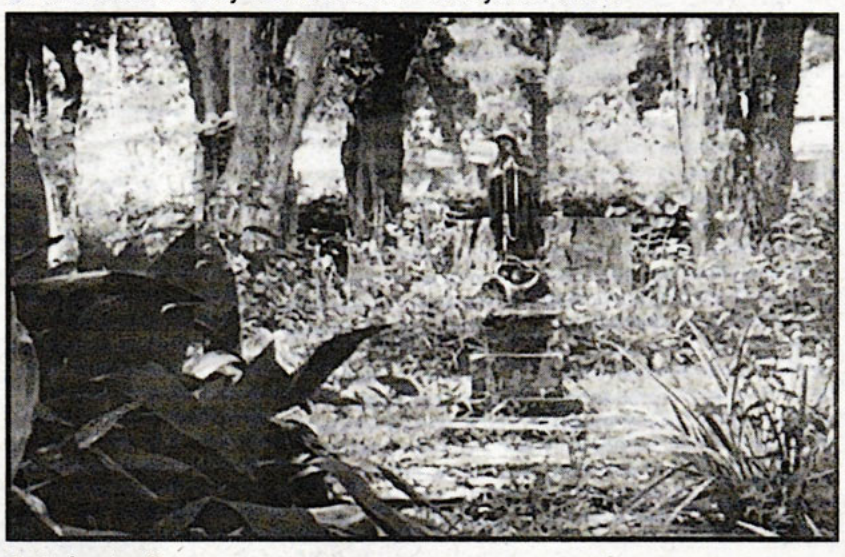
3. The Road to Marmion and Snyder

If you have time, walk the scenic route to Marmion and Snyder. Take in the fresh air. Be sure to notice the little things like the squirrels playing in the trees or the bunnies feeding off in the distance.



2. Hidden in Plain Sight

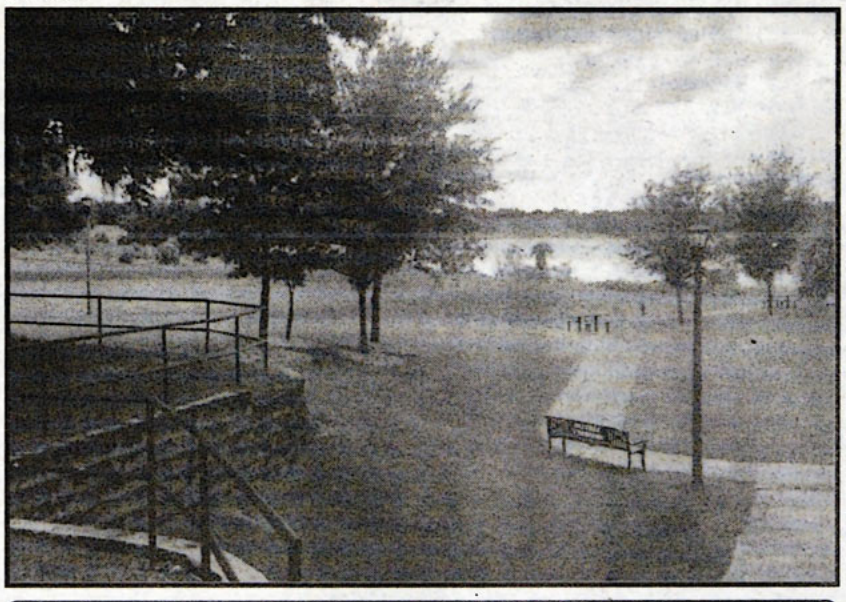
Next time you are rushing to the library to print your research paper between classes, take a few minutes to notice a few of the statues outside of the church. Over by St. Edward Hall, there are a few small statues. The one that catches my eye is hidden a little ways from the church. I consider it to be a gem hidden in plain sight. It is surrounded by grass and a little worn down around the edges, but there is still a certain serenity that comes over me anytime I see it.



1. Lake Jovita

Hands down, this is the prettiest place on campus. Whether you would like to rent a canoe, watch the sunset or tan on the docks, Lake Jovita is the perfect place to do it. Make a trip down to the dock in the evening and look out into the sunset. If you want, you can even bring your books with you. Located within a close proximity is a covered area with benches and tables.

Now that you know the prettiest relaxed spots around campus, feel free to indulge.



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National News

CVS Halts the Sales of All Tobacco Products

By Cassidy Whitaker
Contributing Writer

Photo Courtesy of Wikimedia Commons

In 2012, 18.1 percent of adults were cigarette smokers. This includes 42.1 million people. 27.9 percent of people that live below the poverty level are cigarette smokers, according to the CDC.

In a continued effort to transform from just a drug and convenient store to a legitimate health care provider, CVS has completely discontinued the sales of all tobacco products. This decision was made about seven months ago with Oct. in mind as the goal date to stop; however, CVS has decided to begin taking tobacco products off of their shelves now, about a month earlier than planned.

The company was formerly known as CVS Caremark, however now stands tall and proud as CVS Health. The theme of this transformative campaign headlines CVS Health's website; it reads, "Our name has changed, but our purpose remains the same: helping people on their path to better health."

CVS will be losing an estimated two billion dollars per year in revenue, but they generated 126.7 billion dollars during the previous fiscal year, according to the official CVS Health website. It takes the company less than six days to make 2 billion dollars. Health care is also a lucrative industry for CVS to get more involved in. The U.S. will spend over three trillion dollars on health care just this year, according to the Centers for Medicare and Medicaid Services.

Other convenience and grocery stores have been encouraged by individual state officials and public health groups to cease tobacco sales as well, but they have refused to do so thus far.

CVS' goal is simple: to become strictly a health care provider. The halt in sales of tobacco products, especially cigarettes, is paving the path to their goal of complete health betterment.

With this goal in mind, CVS Health has also begun the process of creating in-store "retail clinics" called "MinuteClinics." These were created under the idea that people should have a place to go where they can receive basic medical care such as immunizations, treatments for minor injuries and illnesses, and some simple diagnostic procedures such as blood pressure testing and temperature readings. These clinics strive to provide these services at reasonable costs, during hours that reflect the operation of a hospital rather than a doctor's office, and with shorter wait times.

Over 900 "MinuteClinics" have opened up all over the country within CVS' 7,600 total stores, with expansion to occur over the coming years. Retail clinics at CVS and other convenient and grocery stores have reported millions of patient visits within the past few years. These reported numbers are small compared to the number of visits doctor's offices and hospitals receive yearly; however, the prospect of growth and success for retail clinics is in sight due to a shortage of primary-care doctors across the country, according to the Health Resources and Services Administration.

"I do think it's [CVS' discontinuation of the sales of tobacco products] a great idea; however, unfortunately, I don't think that it will stop smokers because there are other places for them to buy their tobacco. However, I do think that it promotes CVS, from a medical standpoint, as a place to help people, especially through their MinuteClinics," said Sophomore Ashley Manning.

CVS has received a great amount of positive feedback for their decision.

Photo Courtesy of Wikimedia Commons

According to the CDC, cigarettes cause over 480,000 deaths each year in the United States alone.

Blessing of the Holy

By Racheljoy Capitola
Editor in Chief

On the evening of Sept. 18, two large overhead tents and several gray fans were set up to accommodate guests who stood outside the wide, front walkway of the recently constructed Holy Name Monastery. These guests waited for the monastery's Open House ceremony, where community leaders and the Benedictine Sisters gave heartfelt speeches before blessing the property.

The Benedictine Sisters of Florida were founded in 1889 and used to live in the Holy Name Monastery on State Road 52, located next to the Marmion and Snyder Residence Halls and Lake Jovita. The old three-story building was built in 1960, and occupied 60,000-square-foot of land. The building was large enough to house large numbers of sisters and guests.

"At one point, there were 65 nuns that traveled around the community," said Faith M. Pridmore, Director of Mission Advancement.

However, as the Benedictine Sisters' numbers lessened, many rooms in the old monastery went unused. After years of contemplation, the Sisters decided to scale down and sell their three story building and 37 acres of land.

"They started talking about it 5 years ago," said Pridmore. "What would be better? Do they renovate the other building which is a very, very big building, or do they start building it from scratch? So they talked a lot, planned a lot, and prayed a lot."

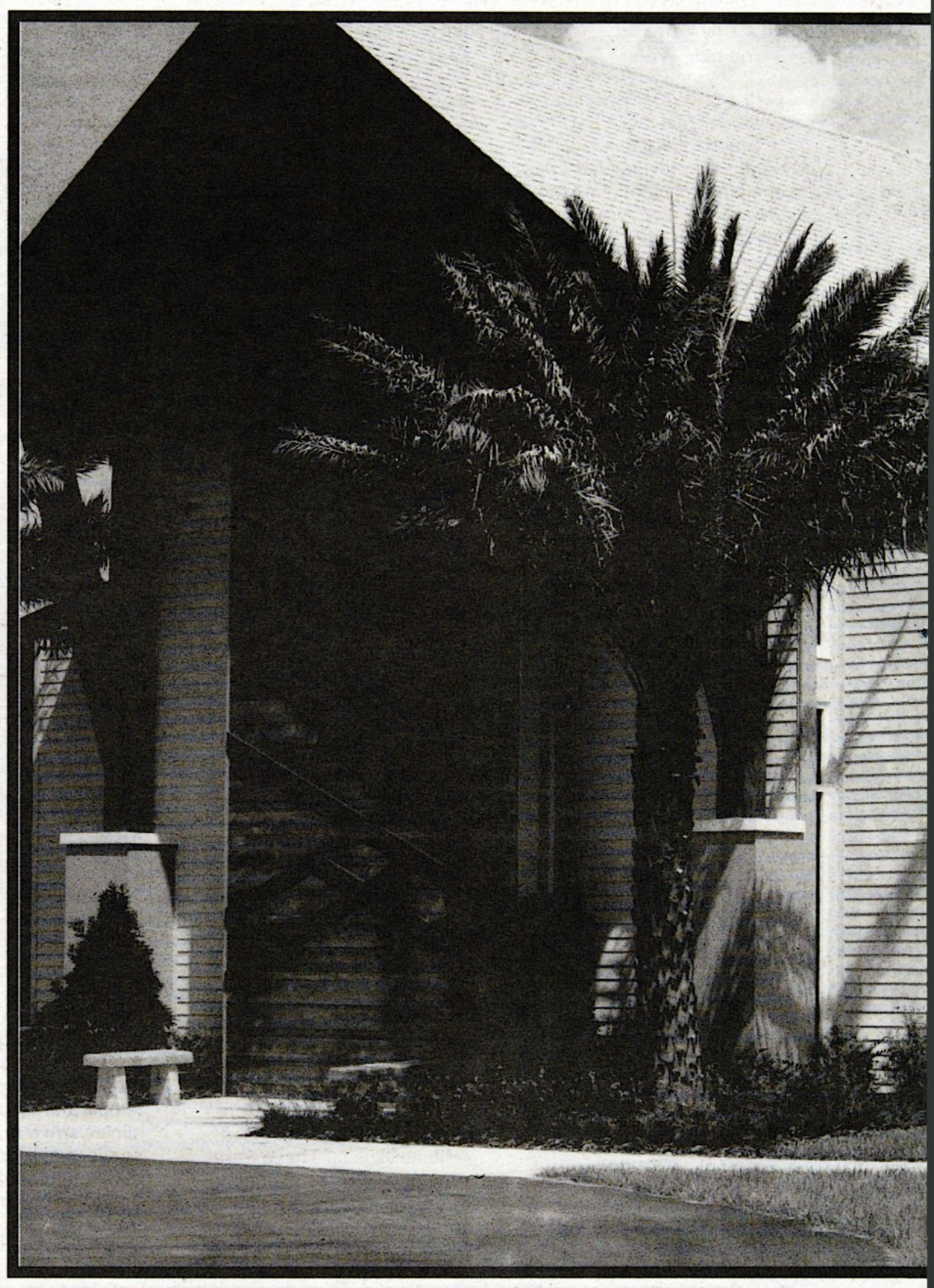
In the end, the Benedictine Sisters decided to move across the street and build a smaller monastery on Wichers Road. The new Holy Name Monastery, which began construction in Oct. 2013, was completed in less than a year. The monastery is smaller in size compared to its predecesor and sits on 10 acres of land. Some of the rooms designed into the building include a chapel, meeting room, business offices, kitchen, connector hall, exercise room, laundry room, library, and community room.

The chapel is an especially popular place among the Benedictine Sisters. On the top wall, there is a quote that says: "In all things, God may be Glorified." Because of the installation of sound boards, the acoustics are much better in the chapel in comparison to the old monastery and the Benedictine Sisters have the option of expanding the room by pulling down the screen hidden in the back, which connects to the "all purpose" room and provides more seating for crowded services.

Most of the furniture was moved from the old monastery to the new monastery.

"Everything came over from the old monastery: the pews, the altar, the piano, even the organ," said Pridmore.

But the Benedictine Sisters have also bought new supplies. The kitchen, for example, is furnished with all new cooking utensils. This includes a baking corner where Sister Donna can make goodies like cookies, pies, and, a favorite among the sisters, fresh bread. From the dining area, the sisters can



The Benedictine Sisters of Florida was founded by five Benedictine Sisters in 1889, according to the Benedictine Sisters of Florida official website.

Name Monastery

see Lake Jovita, the old monastery, the abbey, and the special patio donated to them as a memorial for Sister Neela.

"We have this beautiful view. Very open, airy, and homey," said Pridmore.

Now that the Benedictine Sisters live in a more compact setting, there are changes. The monastery can no longer hold groups, at least not for more than a day. At the old monastery, there were dozens of empty rooms that could be used for group stays. However, at the new monastery, there are 20 bedrooms overall; 4 of those rooms are reserved as guest rooms for family visits or retreats.

"When the sisters first came and saw this, they thought 'ah' it's like being in a hotel," said Pridmore.

The typical guest bedroom has two twin beds, a bathroom, and a board with information about services. Meanwhile, a Benedictine Sister's bedroom is smaller with only one bed. But the sisters are ecstatic about their new living quarters. The beige hall leading to the bedrooms is warm, inviting, and set up to be pleasing to newcomers. Every room is furnished with a personal bathroom, which many sisters see as a blessing since the old monastery had communal bathrooms.

"Some of these sister came as young girls, finished their high school education, and then they entered [the monastery]," said Pridmore. "And even coming from home, in some instances they only had one bathroom for a whole family. So this is a real treat."

As of this moment, the Benedictine Sisters are still unpacking and arranging their new home. Sister Dorothy was working on the archives in the all purpose room before the Open House event. But organization appeared to be moving fast, with rooms such as the library being mostly completed and transferred to its brand new home.

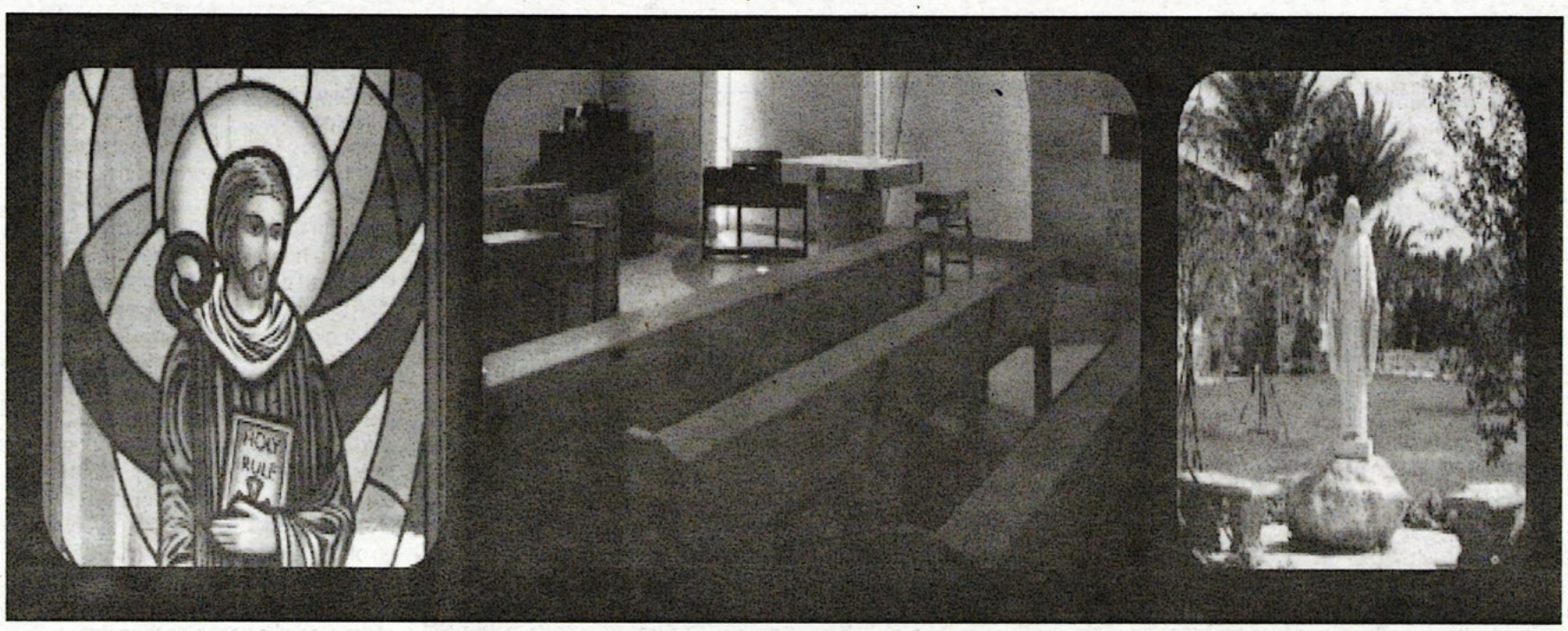
"The sisters are just thrilled," said Pridmore.

Now that the Open House has passed, the Benedictine Sisters are looking towards their next project to complete the move and get the community involved. The Holy Name Monastery is looking to add a labyrinth onto the property, which is a path formed from stones (often signed or ingrained) that the community donates. The path is meant to be a simple route that people can walk along to inspire meditation and spiritualism. The sisters ask that stones do not exceed the 9 by 9 inch limit.

"So if you have a special rock or something in your neighborhood, or in your yard that you'd like to bring, bring a rock and we'll add it to the labyrinth. Then you have to come and walk the labyrinth," said Pridmore.

The old monastery and its land was purchased by Saint Leo University to be used for future projects. The Benedictine Sisters are pleased with the arrangement, and describe it as a win-win for them and the University.

"We feel supported by the greater community," said Pridmore. "Saint Leo has been very good to all of us, we're really grateful."



Photos taken by Racheljoy Capitola and Jessica Miller

There are currently 14 sisters based out of the Holy Name Monastery serving the community, according to the Benedictine Sisters of Florida official website.

Arts & Entertainment

Welcome to the Maze: Maze Runner Review

By Jonah Robertson
Contributing Writer

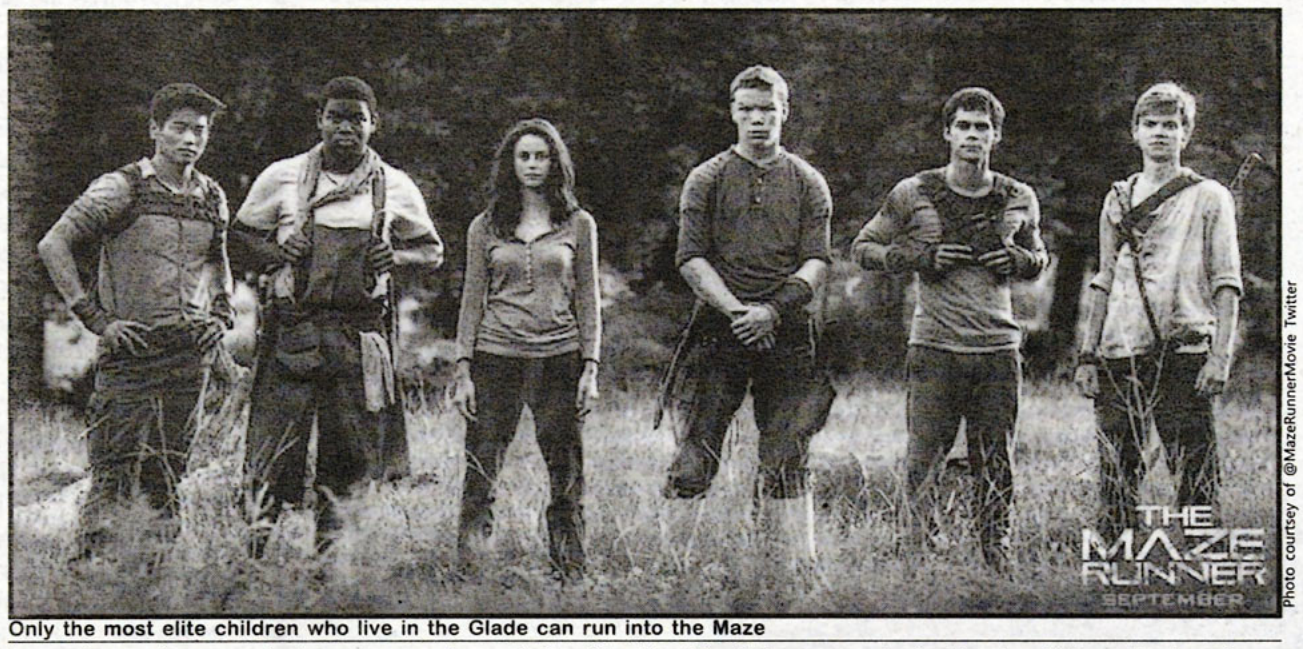


Photo courtsey of @MazeRunnerMovie Twitter

Only the most elite children who live in the Glade can run into the Maze

The "Maze Runner," directed by Wes Ball, is an intense sci-fi action film which will keep you on the edge of your seat for almost the entire film.

The movie starts with a boy named Thomas (Dylan O'Brien) waking up in a metal cage. The cage lifts him into a grassy area, called the Glade, where he is greeted by a large group of boys who live there because they are trapped. Surrounding them is a deadly maze, filled with monsters called Grievers. Nobody except a select few called runners are allowed into the Maze for any reason. Life goes on in the Glade just fine until one of the boys tragically dies in the Maze. Alby (Aml Ameen), the group's leader, goes into the Maze to find any sign of him, and he and Minho (Ki Hong Lee), the head runner, don't make it back before nightfall. Just as the gate is about to close, Thomas runs in, and soon discovers the horrors of the Maze firsthand.

The Grievers are a horrifying combination of flesh and machine, and they attempt to kill Thomas throughout the night. He miraculously survives and kills one of the Grievers. Inside of it, they find a sort of mechanical key, and with that, they begin to learn the truth about the Maze, and the truth about themselves.

The movie's story is very strong for almost the entirety of the film. It keeps the audience on their seats and leaves them asking questions, which is exactly what a movie like this should do, because "Maze Runner" is almost as much a mystery or a thriller as it is an action film. The faults in the plot are mostly due to numerous holes and unexplained areas near the end of the film, such as the origin of the Grievers or what the text the kids are being put through is meant to prove, but this is mostly due to the nature of the source material. Because the book that inspired the film is part of a series, not everything can be explained in one movie; therefore the film cannot be faulted too much for leaving many questions unanswered.

The film's special effects are solid, but not incredibly present for the majority of the film. The Grievers are terrifying and gruesome as they should be, and the movements of the maze are very believable, but that's really all there is. The only scenes that are really reliant on special effects are the scenes in the Maze that involve the Grievers, otherwise there aren't many effects used simply because they aren't necessary.

The camera work is probably the film's weakest point. During some of the action the camera feels unfocused and erratic, not really allowing the audience to see everything that is happening. In contrast to the filming quality, the lighting in the film is fantastic. The Maze feels perfectly dank and gloomy, while the Glade has an almost unnaturally vibrant gleam to it during the day. This contrast really drives home the peacefulness of the Glade in contrast to the deadly Maze.

The use of color in the film provides excellent contrast, just like the lighting. The lively green color of the entire Glade, illuminated by the sun, is gorgeous. The Maze, on the other hand, is grey and dull in the day and a pit of deadly blackness at night.

"The Maze Runner" is a very good film, with some plot holes and poor camera angles, but is still incredibly entertaining and is well worth watching. I would give the film a rating for 4 out of 5.

The King of Monsters is Back: Godzilla on the Screen

By Austin Chiavaroli
Staff Writer

The king of giant monsters came to DVD and Blu-Ray on Sept. 16, 2014. "Godzilla," directed by Gareth Edwards, was the new adaption and reboot of this iconic Japanese monster franchise.

The story starts in Japan when Joe Brody (Bryan Cranston), father of Ford Brody (Aaron Taylor-Johnson), witnesses a nuclear meltdown that kills his wife. The film then transcends to the future after Joe has spent years studying what had caused the disaster. Joe convinces Ford to sneak into the radiation site because he wants to figure out what caused the meltdown. They discover the Japanese government has a been hiding a M.U.T.O egg, which hatches into a giant moth. The M.U.T.O. kills Joe, and then begins to fly towards to U.S.

Godzilla, who has been watched by the Japanese government as well, because of the M.U.T.O's presence, and now it's a race against time before this M.U.T.O., its mate, and Godzilla meet each other to fight on U.S. soil. While this is taking place, Ford is trying to get back to his family and get them to safety as the U.S. government is deciding whether or not to nuke the two new threats, killing millions of people.

The premise of the movie is set up well as it shows how much of a threat M.U.T.O 's can be. However, the film is not based solely around the monsters as most of the movie centers around Ford's challenges as he keeps running into the two creatures on his way to meet his family. This can be a letdown for some fans and viewers as Godzilla and the M.U.T.O's fight scenes are cut short to tease the audience. The M.U.T.O's get more screen time than Godzilla in this film, and the movie's monster is pushed to a supporting side character. The movie makes up for this issue because the special effects of both monsters are stunning and their size is enormous.

Another disappointing fact is that Bryan Cranston does not have a large of a role in the film as most viewers had planned him to have. Many of the Godzilla trailers hyped him up to be the main character of the movie, but instead it is Aaron Taylor-Johnson who takes the main protagonist in this flick.

With the movie running a little over two hours it is sad that most of it is focused on the military soldiers than the actual monsters. However, the original "Godzilla" from 1954 also focused on what the people around Godzilla go through as well, showing the devastation and terror that the king of monsters can cause. Though they both focus on the humans, the original "Godzilla" still knew that Godzilla needed to be shown every so often to keep the audience interested, whereas the newer reboot does not. If you are an old or new fan of the Godzilla franchise then this movie is definitely for you.

Godzilla uses his radiation breath to fend of the M.U.T.O's in San Franscico.

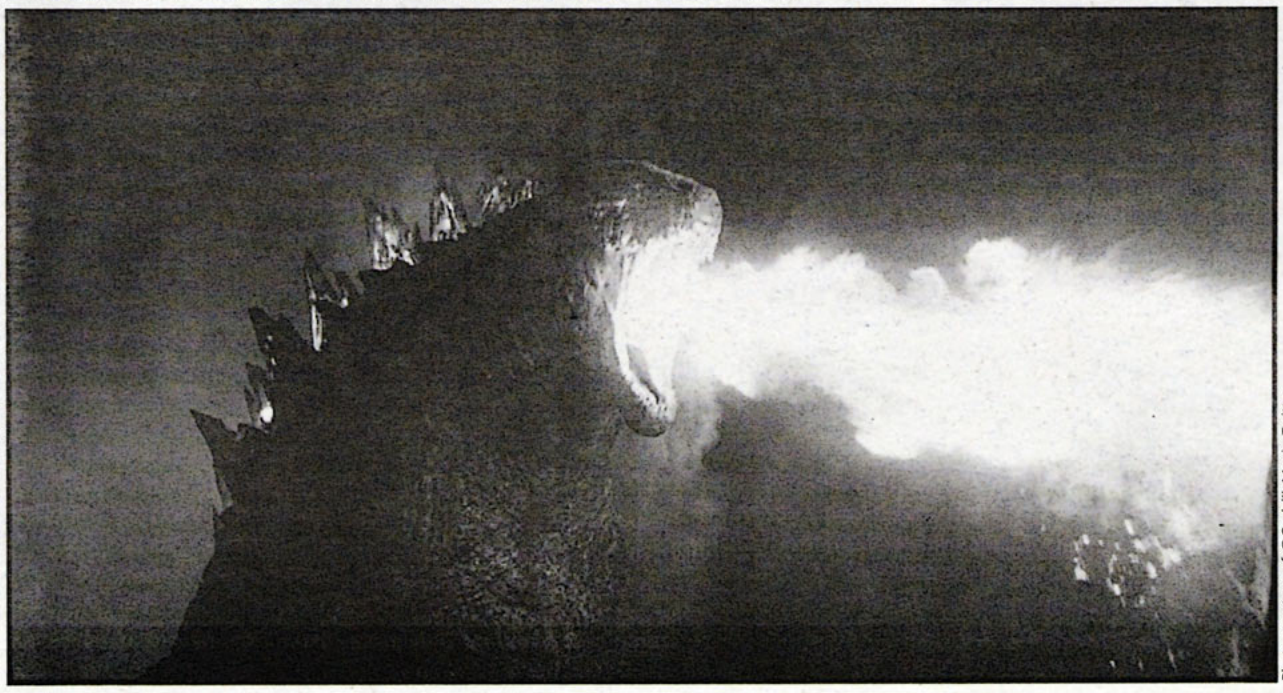


Photo courtsey of @GodzillaMovie Twitter

Arts & Entertainment

Braving the Weather: Fall 2014 Fashion Essentials

By Rikki Hussey
Contributing Writer

The transition from summer to fall fashion is just around the corner, which means it's time to put away your shorts and tank tops. Don't worry, this makes room for fall jackets, comfy sweaters and a good pair of cozy boots.

In anticipation of the upcoming fall season, there are several essential pieces that are needed to create the ultimate fall wear. If you're wondering what you will need to make your shopping list this fall, I will guide you with what trends are needed to keep you looking fabulous as the weather turns from hot to chilly.

This fall there are some essential fashion pieces that you are going to need if you want to be comfy, yet very stylish and fab. According to "Essence," there are very basic pieces that are essential in giving you ladies the look needed for the season including a simple black pencil skirt, stylish tights, leopard prints, blazer, bright sweaters, statement necklace, and boots.

A simple black pencil skirt is a must. If you don't have one, you need to stop what you're doing and get one! A classic black pencil skirt looks great on every body shape.

Printed tights are a great way to complete your outfit with an extra pop. Every year new versions keep this trend fresh and alive.

Anything leopard print will give your outfit the fabulous touch it needs. Animal print accessories are always hot. From shoes to bags, you will be safe with any animal print you wear. Just don't wear all your different animal prints together.

Blazers are the synonym for fall. Not only are they comfy and give you warmth, but they help to complete every outfit.

Fall gives you the perfect excuse to wear your favorite knit or cotton sweaters stylishly with ease. Pair them with your favorite skinny jeans or jeggings and you're ready to go.

Every girl needs a great statement necklace to turn any dull outfit into a classy one. This is an essential piece you can use in any season, so it's a great investment to your wardrobe.

Now time for my absolute favorite fall piece: boots. A great pair of black, brown, gray, or beige boots is the reason we have fall. Ladies, please don't hesitate to take your boots out of hiding.

Okay ladies, this was the crash course on fall essentials that you need to rock the upcoming fall season. These pieces will help you tailor the fall look that best suits your body type, as well as your comfort level. Shopping for fall this year should be a piece of cake. Grab your girlfriends and head over to the mall and get your fall essentials.

An easy way to mix the fall essentials leopard print and statement necklace to create a simple yet elegant look.

Besides pencil skirts and short cotton dresses also work well with tights.

Tights, a pencil skirt and boots are a common fall combination that works well on chilly days.

All photos courtesy of Rikki Hussey

Local News

Photo (Left) courtesy of Daniel Burgess
Photo (Right) courtesy of Beverly Ledbetter

Burgess vs. Ledbetter for District 38

By Stephanie Holz
Staff Writer

Burgess

Burgess was born and raised in Zephyrhills. He attended the University of South Florida for a degree in political science. During his freshman year, he ran for city council of Zephyrhills. He won, becoming the youngest elected official in the state of Florida at the early age of 18. He held two terms under that position before resigning. He then attended Berry Law School in Orlando, gaining a Juris Doctor (J.D.) degree. After college, Burgess began active training in the Army at Fort Benning, VA. When he returned, he ran for mayor in Zephyrhills and won unopposed. He served as the youngest mayor of Zephyrhills for one year and has chosen not to seek reelection due to the upcoming Nov. 4 election. To him, East Pasco is a very special place.

"I think what's beautiful about the race is that you have two people running for office and they're both extremely local. They both love this community very much and maybe just disagree on issues. If only race could be that way, it's the way it should be," said Danny Burgess.

He also has strong opinions on education and jobs in the region.

"Our education and educators are one of the most important facets of our society, and I'm a big believer in vocational opportunities because not everyone is college bound, nor should they be expected to be. We need to make sure students walk out of high school with a certificate qualifying them for the work force in a specific field. I will always have an eye out for how the decisions we make will financially impact our cities and make sure it does not provide a deprivement to serving the people at a local level. I believe in less regulation on business. The more freedom the market has the better it will be because it promotes competition and builds our economy, giving businesses the opportunity to thrive," said Burgess.

Ledbetter

Ledbetter was born in Virginia and became part of the community of Dade City in 1973. She taught at Pasco Junior High School for eleven years. After that, she taught social studies at Pasco High School for 25 years and coached boys soccer (undefeated), girls soccer, track and cross country. She has also been named Florida Economic Teacher of the Year, Florida Global Studies Teacher of the Year, and was a Federal Education Association (FEA) finalist for Teacher of the Year. Ever since coming to East Pasco, she has loved its values and its people.

"District 38 is a diverse district- from the rolling hills of northeast Pasco, the small towns of San Antonio, Saint Leo, Dade City and Zephyrhills, to the more urban Wesley Chapel area. The district is united by a sense of community," said Beverly Ledbetter.

She is especially concerned with the region's education.

"I believe in a fully funded public education. It is the great equalizer of our society. I pledge to protect and increase real funding for our public schools. I am opposed to the privatization of our schools which are funded by our tax dollars," she said.

According to her website, Ledbetter also has strong opinions of jobs in East Pasco.

"Small businesses are the backbone of our economy and a creator of jobs in Pasco County. To attract businesses to our area, we must maintain and invest in our area's infrastructure. I believe Florida's Laws should be written by Florida lawmakers for the benefit of Floridians, not out of state huge corporations at the expense of our small businesses and our tax dollars," said Ledbetter.

You can meet and greet the candidates and county commission on Oct. 20 at East Pasco Adventist Academy from 6 PM to 9 PM. During this time, the candidates will also answer questions and explain the main points of focus for their candidacy.

Early voting for the general election will run from Oct. 25 through Nov. 1.